

# ClinFIT in Action: From functioning data to global impact

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 on behalf of the ClinFIT Special Interest Group (SIG)\*

**OBJECTIVE:** To inform about ISPRM's ClinFIT Special Interest Group activities

## SPECIFIC AIMS

- To share insights **why functioning data matters in rehabilitation**
- To describe ISPRM's **Clinical Functioning Information Tool (ClinFIT)** and potential uses
- To introduce **methodological work** that enhances ClinFIT's clinical utility
- To launch the **global study using ClinFIT Generic-30**

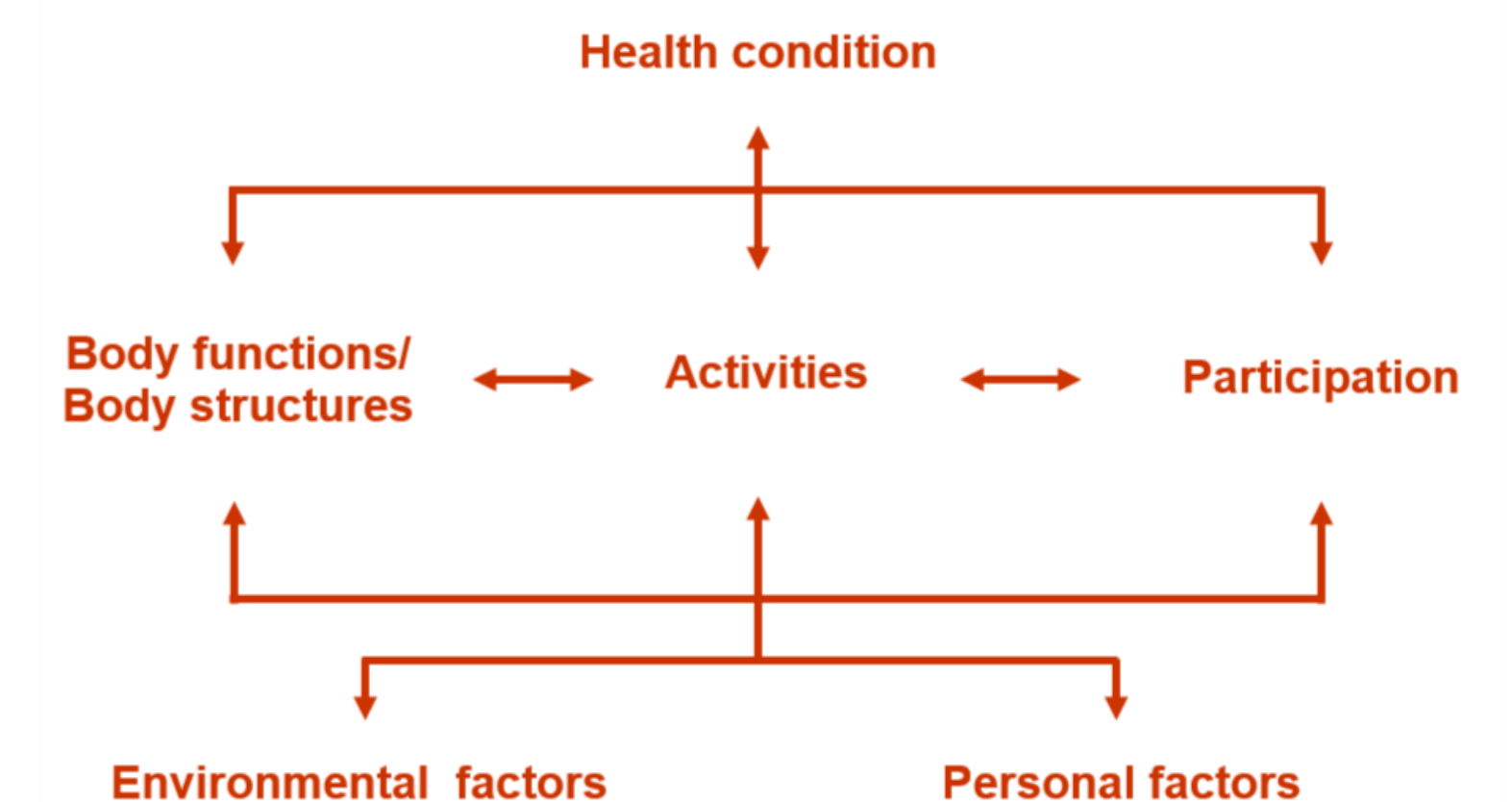


**ClinFIT Workshop**  
**Thursday, May 21<sup>st</sup>**  
**8:00-10:00 AM**

## Why functioning data matters in rehabilitation



Same diagnosis  
 Different functioning profile  
 Diagnosis is not enough !



 **Aim of Rehabilitation:**  
 To optimize functioning

**Rehabilitation 2030**

 World Health Organization  
 SEVENTY-SIXTH WORLD HEALTH ASSEMBLY  
 Agenda item 13.4  
 WHA76.6  
 30 May 2023  
**Strengthening rehabilitation in health systems**

...to enhance health information systems to *collect information relevant to rehabilitation, including ...information on functioning, utilizing the [ICF]*

## Clinical Functioning Information Tool (ClinFIT)...

- ⇒ Universal and ICF-based
- ⇒ Applicable in rehabilitation service types along the continuum of care in LMICs
- ⇒ Can be used to assess and report functioning of diverse patient populations

Patient:	Clinician:	Admission: (Date)	Mid-term: (Date)	Discharge: (Date)
Please rate the patient's functioning from 0 (no problem) to 10 (complete problem).				
<b>RATING SCALE</b>				
1	b130 Energy and drive functions <i>Psychological energy and motivational drive to move towards goals, satisfy needs</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
2	b152 Emotional functions <i>Mental functions for the modulation of the expression of feelings</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
3	b280 Sensation of pain <i>Unpleasant sensation indicating potential or actual harm</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
4	d230 Carrying out daily routine <i>Plan, manage and complete routine daily life activities</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
5	d450 Walking <i>Moving in an upright position, step by step, always maintaining a support on the ground</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
6	d455 Moving around <i>Moving around differently from walking (for example running, going up and down)</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem
7	d850 Remunerative employment <i>Properly performing remunerative employment (full or part time or self-employed) in the community</i>	No problem	0 1 2 3 4 5 6 7 8 9 10	Complete Problem

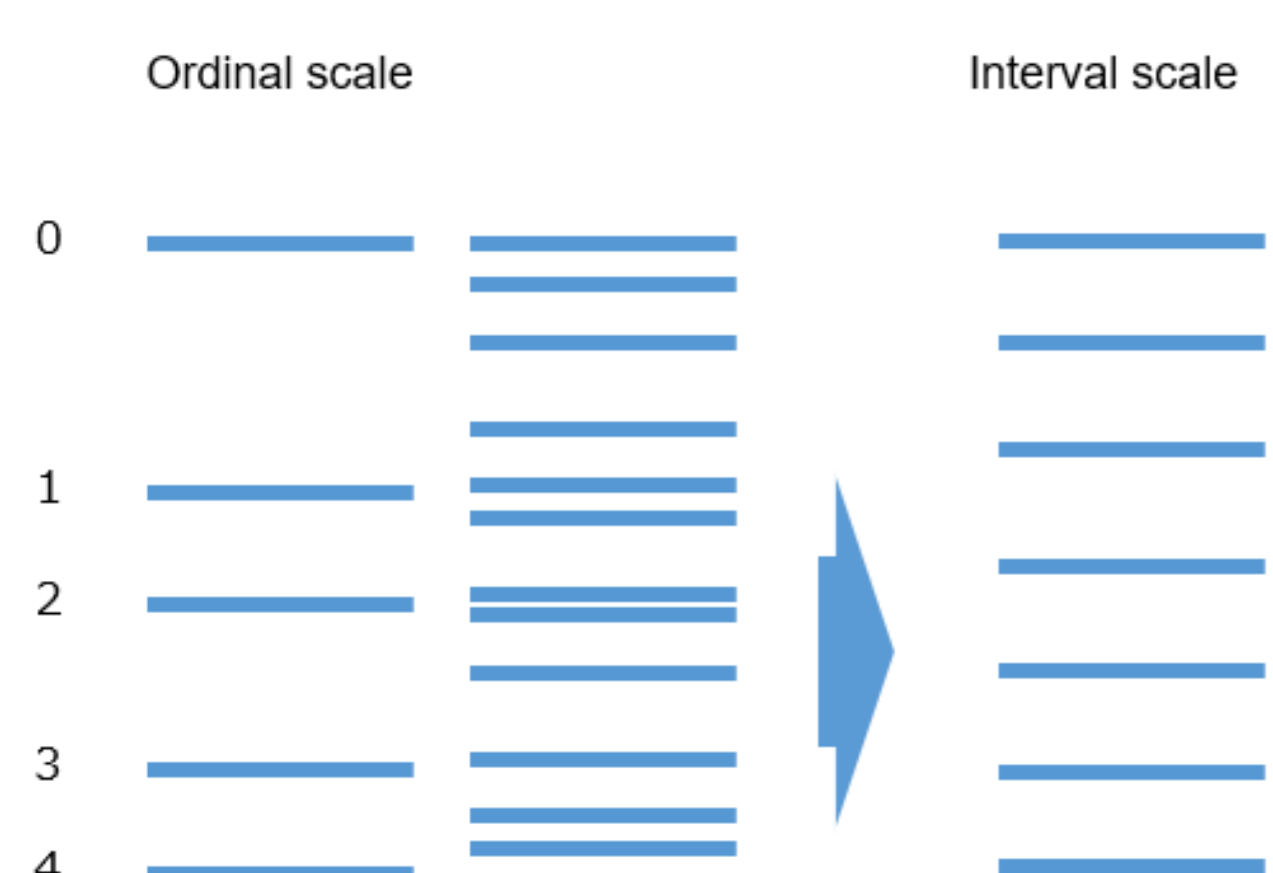
**ClinFIT  
 Generic-30**

## ...and potential uses

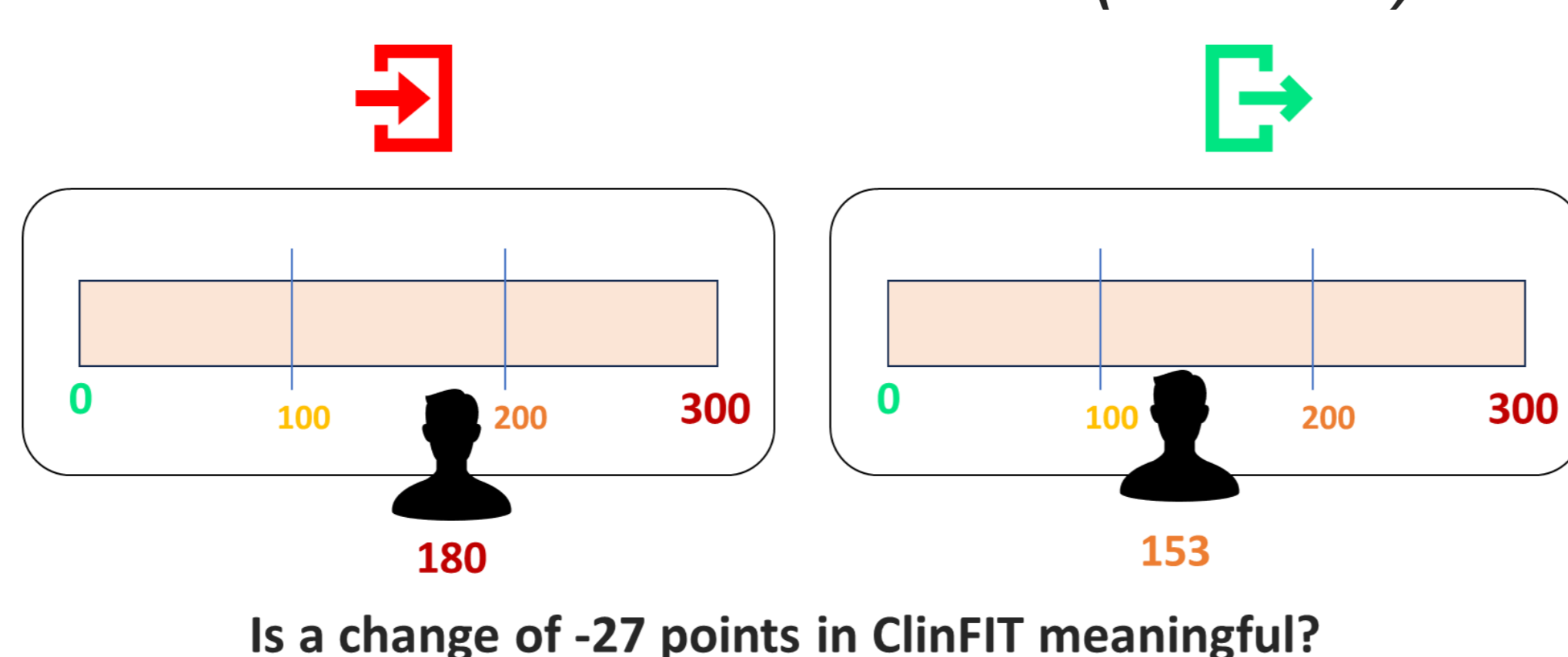
- Part of a "Rehab-Toolkit" in cancer care
- Examine factors associated with long-term functional outcomes and participation in patients with colorectal cancer

## Methodological work that enhances ClinFIT's clinical utility

Transforming ClinFIT into an interval-scaled metric



Developing Minimal Clinically Important Difference thresholds (MCIDs)



## Global study using ClinFIT Generic-30



See Poster "Measuring what matters: A global initiative using ClinFIT Generic-30"

**Objectives:** Develop an interval-scaled metric, meaningful cut-offs and MCIDs, evaluate sensitivity to change

### Study design

Multi-center, longitudinal, in all WHO regions

### Start & end of data collection

September 2026 – February 2027

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